## THERE'S AN APP FOR THAT Living a Life of Gratitude

I will praise God's name in song and glorify him with thanksgiving. This will please the Lord more than an ox, more than a bull with its horn and hoofs.

## Psalm 69:30-31

- 1. Gratitude must be <u>IMPORTANT</u> to me because it's <u>IMPORTANT</u> to God.
- 2. Gratitude must be **EXPRESSIVE** towards God and others.
  - Let it <u>SHOW</u> up in your life.
  - Let it <u>SPEAK</u> up in your life.
- 3. Gratitude must be <u>CULTIVATED</u> as a <u>HABIT</u> in my life.

3 Ways to Grow in Gratitude:

- Take NOTE
- Take <u>INVENTORY</u>
- Take <u>ACTION</u>